

Love and Live Life

Every Day, Remember

Remember

To notice the stars and their brightness

To notice the sky and the different shades of blue

To notice the tall oak trees dancing to the music of the wind

To notice the baby sparrow hunting desperately for that little crumb of bread

To notice the vibrant red color of the male cardinal perched high on that evergreen

Remember

To notice the white sailboat so far away

To notice the ebb and flow of the waves by the lake

To notice the cool droplets of water kissing your face

To notice the Golden Retriever and the little child splashing in the water with pure delight

To notice Claude Monet's colors of pink, blue, and gray as they all appear like a ballet on the horizon when dusk finally greets all of Humanity: every man, woman, and child. All of us

Every Day, Remember

Remember

To hold hands

To look at each other when you speak

To hold the door for someone, even if you are in a hurry

To smile with your eyes when you have your facemask on

To say thank you, even if you have been together for one year or one hundred years

Remember

To be thankful for the smallest of things

To live in the moment with your loved ones

To always listen to your children and grandchildren

To go ahead and bake that cherry pie, even if it is your first time

To love and live life to the fullest: today, tomorrow, forever, and ever

Always remember all of this, with Love

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